**闽北职业技术学院大学生心理健康档案表**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **学生**  **个人简介** | **姓名** | |  | | | **性别** |  | | | **出生年月** | | |  | | |
| **籍贯** | |  | | | **民族** |  | | | **政治面貌** | | |  | | |
| **专业、年级、班级** | |  | | | **性格** |  | | | **爱好特长** | | |  | | |
| **手机** | |  | | | **微信号或QQ号** | | | |  | | | | | |
| **学生**  **身心状况** | **身体** | □健康 □有既往病史 | | | | | | | | | | | | | |
| **心理** | □一般 □普通 □存在消极心理 | | | | | | | | | | | | | |
| **学生**  **家庭情况** | **家庭住址** | | |  | | | | | | | | | | | |
| **家庭人口数** | | |  | | | | **是否独生子女** | | | | □是 □否 | | | |
| **是否单亲或离异家庭** | | | □是 □否 | | | | **亲子关系** | | □和谐 □一般□紧张 | | | | | |
| **学生心理健康状况简述** | | | | | | | | | | | | | | | |
| **学年度** | | | **大一上** | | **大一下** | | | | **大二上** | | **大二下** | | | **大三上** | **大三下** |
| **学习（实践）与生活状况** | **成绩水平** | |  | |  | | | |  | |  | | |  |  |
| **学习（实践）态度与兴趣** | |  | |  | | | |  | |  | | |  |  |
| **学习意志力** | |  | |  | | | |  | |  | | |  |  |
| **是否担任学生干部** | |  | |  | | | |  | |  | | |  |  |
| **业余活动** | |  | |  | | | |  | |  | | |  |  |
| **睡眠情况** | |  | |  | | | |  | |  | | |  |  |
| **精神状态** | |  | |  | | | |  | |  | | |  |  |
| **情感状态** | |  | |  | | | |  | |  | | |  |  |
| **人际关系**  **状况** | **与父母关系** | |  | |  | | | |  | |  | | |  |  |
| **与老师关系** | |  | |  | | | |  | |  | | |  |  |
| **与宿舍室友关系** | |  | |  | | | |  | |  | | |  |  |
| **与同班同学关系** | |  | |  | | | |  | |  | | |  |  |
| **本人是否主述有困惑与烦恼** | | | □否 □是，具体内容以下简述： | | | | | | | | | | | | |
| **谈心谈话交流或心理干预**  **记录简述** | | |  | | | | | | | | | | | | |
| **关注程度** | | | □一般关注 □重点关注 □持续跟踪关注 | | | | | | | | | | | | |
| 辅导员签字： （ 年 月 日） | | | | | | | | | | | | | | | |